

MATLAB-Based Detection of Glaucoma Using Retinal Fundus Image Processing Techniques

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Abstract:

Glaucoma is a progressive optic neuropathy and a leading cause of irreversible blindness worldwide. Early diagnosis is essential to prevent permanent vision loss; however, conventional diagnostic procedures are costly, time-consuming, and require expert interpretation. This paper presents a MATLAB-based automated glaucoma detection framework using retinal fundus images. The proposed system applies image preprocessing, green-channel extraction, histogram equalization, adaptive thresholding, and morphological operations to accurately segment the optic disc and optic cup. The cup-to-disc ratio (CDR) is computed as a quantitative indicator for glaucoma screening. Experimental evaluation using publicly available datasets demonstrates that the proposed method effectively identifies glaucomatous structural changes in the optic nerve head. The framework is computationally efficient, interpretable, and suitable for large-scale screening, particularly in resource-limited environments.

Keywords: Glaucoma detection, retinal fundus imaging, MATLAB, histogram equalization, morphological operations, cup-to-disc ratio

1. Introduction

Glaucoma is one of the most serious ocular diseases and a major cause of irreversible blindness globally. It is characterized by progressive damage to the optic nerve, often associated with elevated intraocular pressure, leading to gradual visual field loss. The disease typically progresses silently during its early stages, making early diagnosis challenging. Since vision loss caused by glaucoma cannot be reversed, timely detection and treatment are critical for preserving visual function.

Traditional glaucoma diagnosis relies on clinical tests such as intraocular pressure measurement, visual field testing, optical coherence tomography (OCT), and manual examination of retinal fundus images. Although effective, these approaches require specialized equipment and expert clinicians, limiting their use in mass screening programs. Automated image-based diagnostic systems provide an objective, repeatable, and cost-effective alternative.

Retinal fundus imaging is a non-invasive technique that captures detailed images of the optic disc, optic cup, blood vessels, and surrounding retinal structures (Figure 1). Among the structural indicators derived from fundus images, the cup-to-disc ratio (CDR) is widely used to assess glaucomatous damage. This paper proposes a classical, MATLAB-based image processing framework for automated glaucoma detection using CDR analysis.

This thesis focuses on the detection of glaucoma using image processing techniques implemented in MATLAB. MATLAB provides a powerful and flexible environment for medical image analysis due to its extensive image processing toolbox, visualization capabilities, and ease of algorithm development. By applying pre-processing, segmentation, feature extraction, and CDR calculation techniques to retinal fundus images, this work aims to develop an automated and efficient system for early glaucoma detection. The proposed approach is intended to support clinical screening, academic research, and educational applications by providing a simple yet effective diagnostic aid.

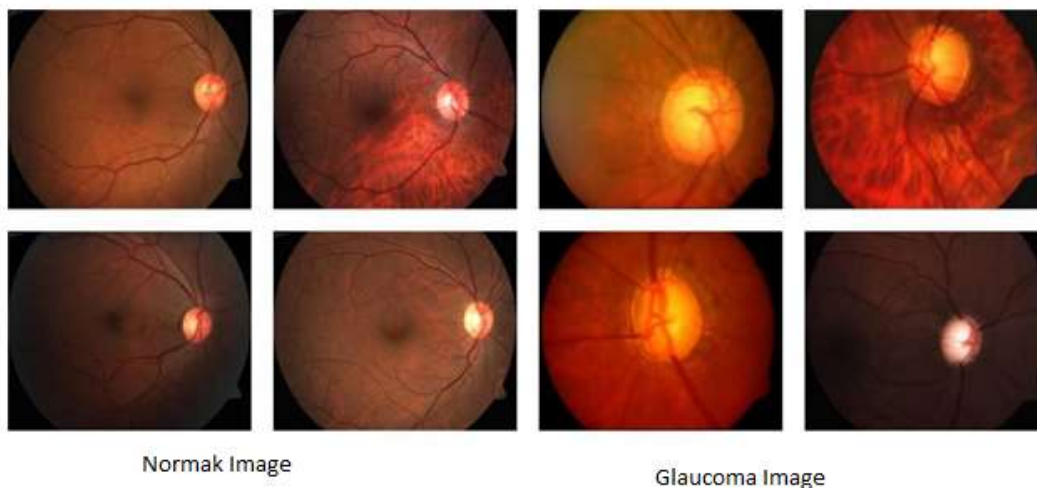


Figure 1.1 Retinal fundus images

1.2 Anatomy of the Human Eye

The human eye is a highly complex sensory organ responsible for vision, functioning by capturing light and converting it into neural signals that are interpreted by the brain. Understanding the anatomical structure of the eye is essential for comprehending the pathological changes caused by glaucoma and for designing effective image-based diagnostic systems. Several anatomical components of the eye play a direct role in glaucoma development and detection, including the retina, optic nerve, optic disc, optic cup, and retinal nerve fibre layer.

The retina is the light-sensitive layer located at the back of the eye. It contains photoreceptor cells known as rods and cones, which detect light intensity and color. Visual information collected by these photoreceptors is transmitted through a network of retinal neurons whose axons form the optic nerve. Damage to these nerve fibres is the primary cause of vision loss in glaucoma. Therefore, the integrity of the retinal nerve fibre layer (RNFL) is a critical indicator in glaucoma diagnosis.

The optic nerve is a bundle of more than one million nerve fibres that carry visual information from the retina to the brain. The point where the optic nerve exits the eye is known as the optic disc. The optic disc appears as a bright, circular region in retinal fundus images and serves as an important landmark in ophthalmic imaging. Within the optic disc lies a central depression called the optic cup. The size and shape of the optic cup vary among individuals; however, an abnormal increase in the size of the optic cup relative to the optic disc is a hallmark of glaucomatous damage.

The relationship between the optic cup and optic disc is quantified using the cup-to-disc ratio (CDR). In healthy eyes, the optic cup occupies a smaller portion of the optic disc. In glaucomatous eyes, increased intraocular pressure or other pathological factors cause progressive loss of nerve fibres, leading to enlargement of the optic cup. This structural change results in an increased CDR, which is widely used as a diagnostic parameter for glaucoma detection. Accurate identification of the optic disc and optic cup is therefore crucial for reliable diagnosis.

Other anatomical structures such as the cornea, iris, lens, and aqueous humor also influence intraocular pressure, which is a major risk factor for glaucoma. The aqueous humor is a transparent fluid that maintains eye pressure and provides nutrients to eye tissues. Improper drainage of this fluid can lead to elevated intraocular pressure, resulting in optic nerve damage.

From an image processing perspective, anatomical knowledge of the eye guides the selection of regions of interest and feature extraction methods. MATLAB-based analysis of retinal fundus images relies heavily on detecting anatomical boundaries such as the optic disc margin and optic cup region. Understanding eye anatomy enables accurate localization, segmentation, and measurement of these structures, forming the foundation for automated glaucoma detection systems.

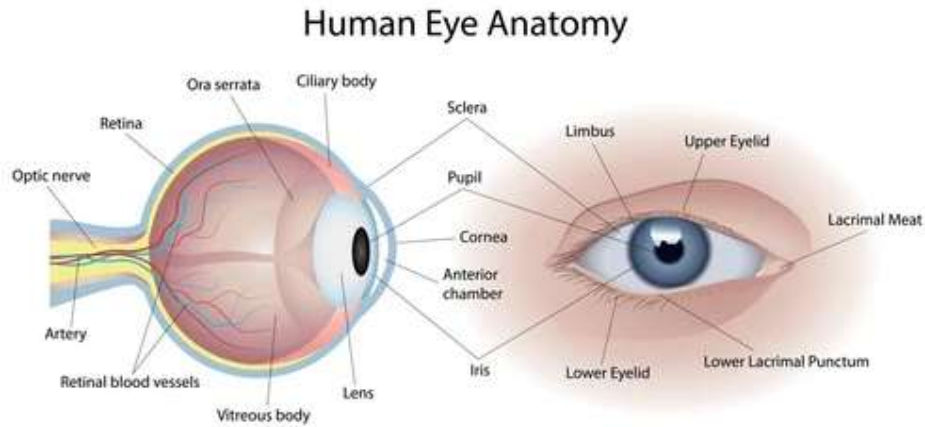


Figure 1.2 Anatomy of the human eye

1.3: Glaucoma – Causes and Risk Factors

Glaucoma is a multifactorial eye disease influenced by a combination of physiological, genetic, and environmental factors. Understanding the causes and risk factors associated with glaucoma is essential for early diagnosis, prevention, and effective disease management. Although elevated intraocular pressure (IOP) is the most commonly associated cause, glaucoma can also develop in individuals with normal eye pressure, indicating that multiple mechanisms contribute to optic nerve damage.

One of the primary causes of glaucoma is increased intraocular pressure. The eye produces a clear fluid called aqueous humor, which maintains eye shape and nourishes ocular tissues. This fluid normally drains through a trabecular meshwork located at the angle between the cornea and iris. When the drainage system becomes blocked or inefficient, aqueous humor accumulates, leading to increased pressure within the eye. Prolonged elevated IOP exerts mechanical stress on the optic nerve head, resulting in progressive loss of retinal nerve fibers and irreversible vision damage.

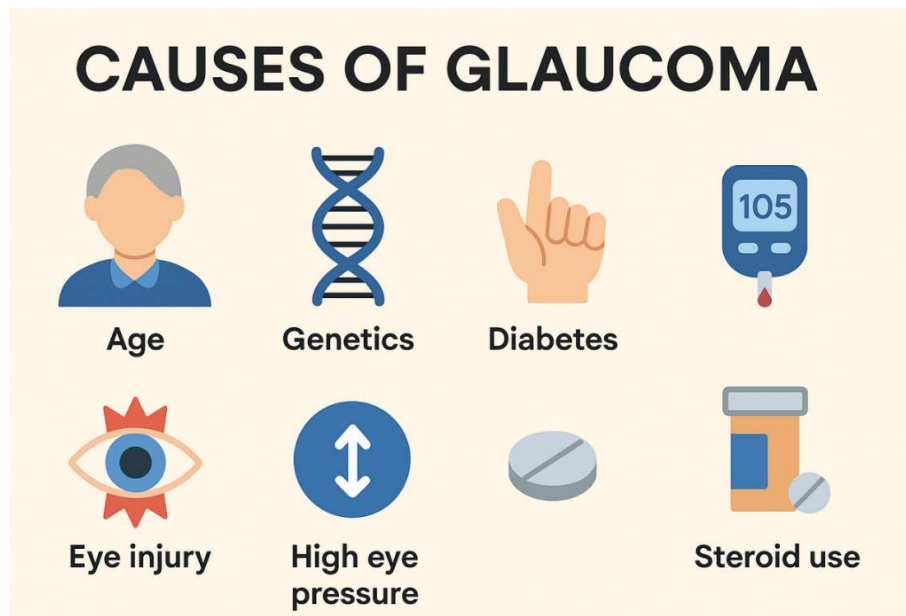


Figure :1.3 Major causes and risk factors associated with glaucoma development.

2. Related Work

Recent research on glaucoma detection has focused on both classical image processing and deep learning approaches. Deep learning methods, particularly convolutional neural networks and vision transformers, have demonstrated high diagnostic accuracy but require large labeled datasets and high computational resources. Additionally, their black-box nature raises concerns regarding clinical interpretability.

Several studies emphasize the importance of accurate optic disc and optic cup segmentation for reliable CDR estimation. Histogram-based enhancement, adaptive thresholding, and morphological operations remain effective and interpretable techniques for fundus image analysis, especially in low-resource settings. MATLAB-based implementations are widely used due to their flexibility, visualization capabilities, and comprehensive image processing toolbox. This study builds upon prior work by focusing on a transparent, computationally efficient, and easily deployable glaucoma screening system.

3. Problem Formulation and Objectives

Manual analysis of retinal fundus images is subjective, time-consuming, and prone to inter-observer variability. Automated glaucoma detection requires accurate localization and segmentation of the optic disc and optic cup under varying illumination and noise conditions.

The objectives of this study are: - To design an automated MATLAB-based system for early glaucoma detection from retinal fundus images. - To enhance image quality using preprocessing and histogram equalization techniques. - To accurately segment the optic disc and optic cup using thresholding and morphological operations. - To compute the cup-to-disc ratio for glaucoma classification.

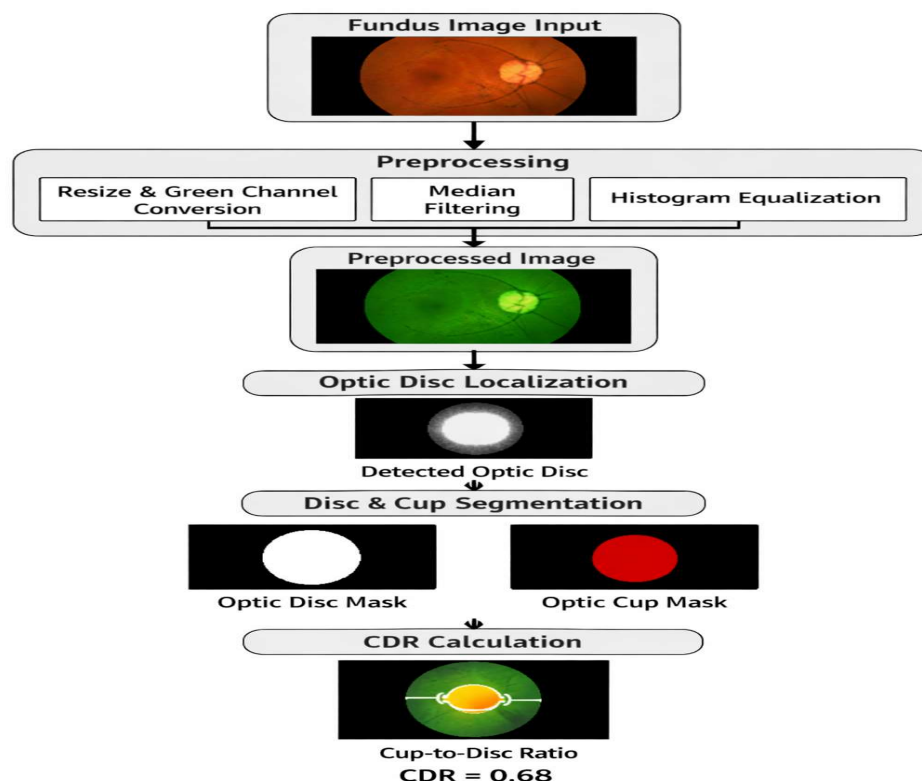
4. Methodology

4.1 Data Acquisition

Retinal fundus images were obtained from publicly available datasets such as MESSIDOR and DRIVE. These datasets contain high-resolution, anonymized images suitable for research and validation purposes.

4.2 Preprocessing

The preprocessing pipeline is illustrated in Figure 3. Input RGB fundus images were resized to a standard resolution and converted to the green channel, which provides superior contrast for retinal structures. Median filtering was applied to remove noise, followed by histogram equalization to enhance contrast and illumination



1.4: Flowchart of glaucoma detection methodology

4.3 Optic Disc Localization

The optic disc was localized as the brightest circular region in the fundus image using intensity-based analysis and morphological refinement. Accurate localization reduces computational complexity and improves segmentation accuracy.

4.4 Segmentation of Optic Disc and Optic Cup

Adaptive thresholding was applied to segment the optic disc and optic cup based on intensity differences. Morphological operations such as erosion, dilation, opening, and closing were used to remove artifacts and refine boundaries. Figure 5 shows the segmented optic disc and optic cup regions.

4.5 Cup-to-Disc Ratio Calculation

The vertical diameters of the segmented optic disc and optic cup were measured using region-based feature extraction. The CDR was computed as the ratio of optic cup diameter to optic disc diameter. Figure 6 illustrates the automated CDR calculation process.

5. Experimental Results

The proposed system was evaluated using both normal and glaucomatous retinal fundus images. Glaucomatous images consistently exhibited higher CDR values compared to normal images. Automated measurements were objective and repeatable, reducing observer variability. Some normal images exhibited relatively high CDR values, highlighting the limitation of relying solely on CDR for diagnosis.

5.1 Grayscale to Binary Conversion:

- **Simplifies the image:** Reduces the complexity of data by focusing only on two values: black and white.
- **Speeds up computation:** Processing binary images is computationally less expensive and faster than working with grayscale images.
- **Improves segmentation:** Helps in isolating objects from the background.
- **Data storage efficiency:** Binary images require less storage space compared to grayscale or color images.
- **Key for pattern recognition:** Simplifies the identification and extraction of patterns, edges, or objects in the image.

The conversion of grayscale images to binary images is a fundamental step in many image processing pipelines. It simplifies the image data, making it easier to isolate and analyse specific features, whether for object detection, segmentation, thresholding, or preparing data for machine learning models.

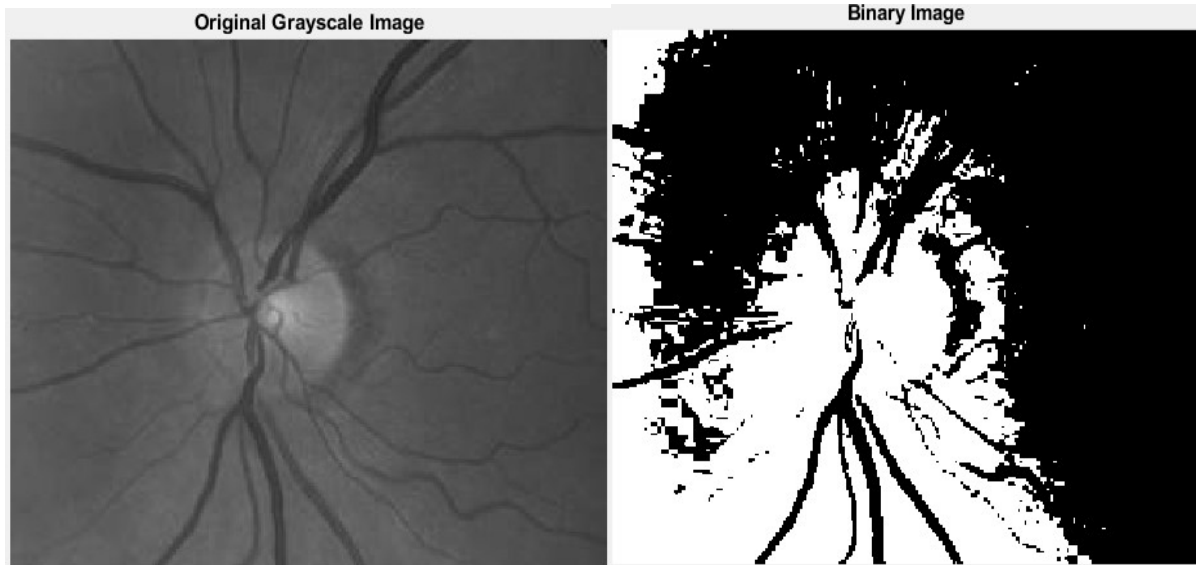


Figure 1.5 Gray scale image

Figure 1.6 Binary image

5.2 Median filter to Remove Noise

The **median filter** is a non-linear digital filtering technique used to remove noise from signals or images. It is particularly effective at preserving edges while filtering out noise, making it one of the most widely used methods for image de noising, especially when the noise is of a salt-and-pepper type.

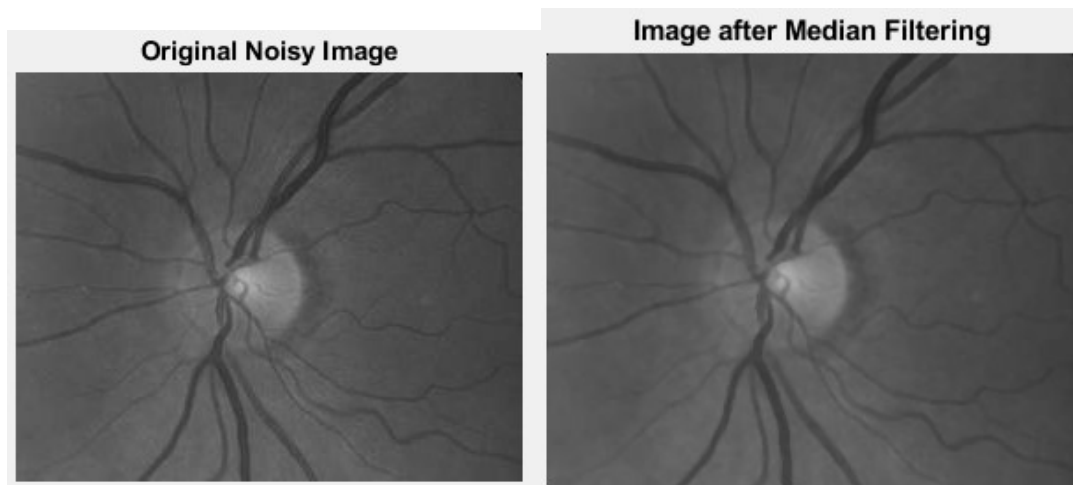


Figure 1.7: Noisy Image

Figure 1.8 Filter Image

5. 3 Histogram Equalization

Histogram equalization is an important image enhancement technique widely used in medical image processing to improve contrast and highlight significant features. In retinal fundus images, poor illumination and low contrast often make it difficult to clearly distinguish anatomical structures such as the optic disc and optic cup. Histogram equalization addresses this problem by redistributing pixel intensity values across the available intensity range, resulting in enhanced image clarity.

In a grayscale image, a histogram represents the distribution of pixel intensity values. Many retinal images have intensity values concentrated in a narrow range, leading to low contrast. Histogram equalization spreads these values more uniformly, increasing the contrast between different regions. This enhancement allows important features to become more visible, which is essential for accurate segmentation and analysis. Overall, histogram equalization is a simple yet powerful technique that enhances retinal fundus images, making it easier to identify glaucomatous changes and improving the performance of MATLAB-based diagnostic algorithms.

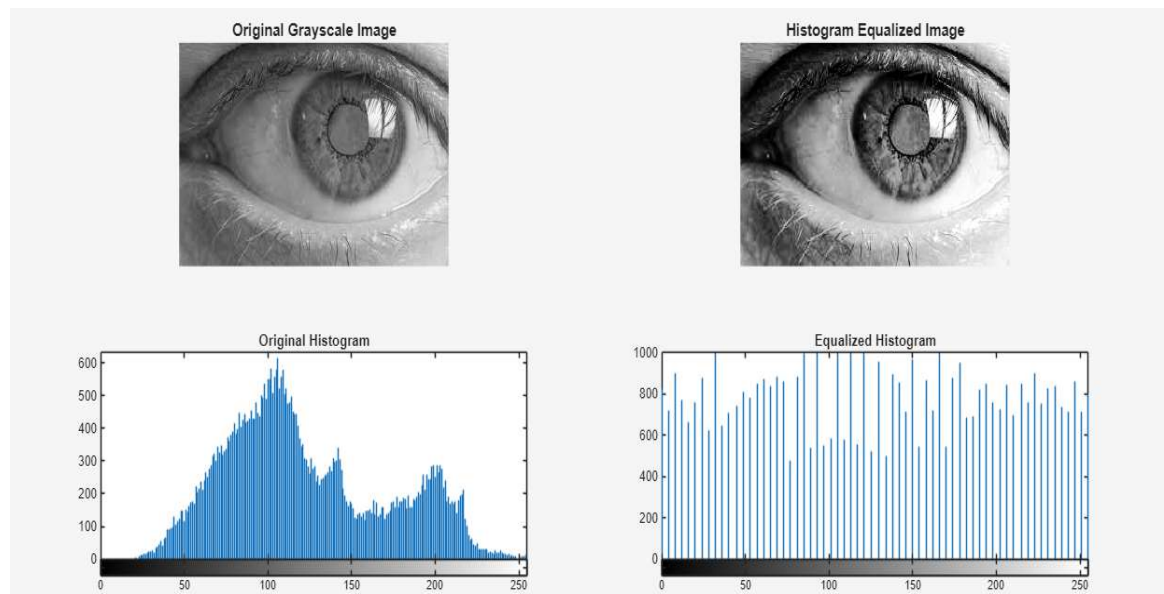


Figure 1.9 Result of histogram equalization applied to a retinal fundus image.

5.4 Optic Disc Localization

Optic disc localization is a crucial step in automated glaucoma detection, as it identifies the region of interest for further analysis. The optic disc is the brightest circular structure in retinal fundus images and serves as the exit point for retinal nerve fibers. Accurate localization of the optic disc reduces computational complexity and improves the accuracy of segmentation and feature extraction.

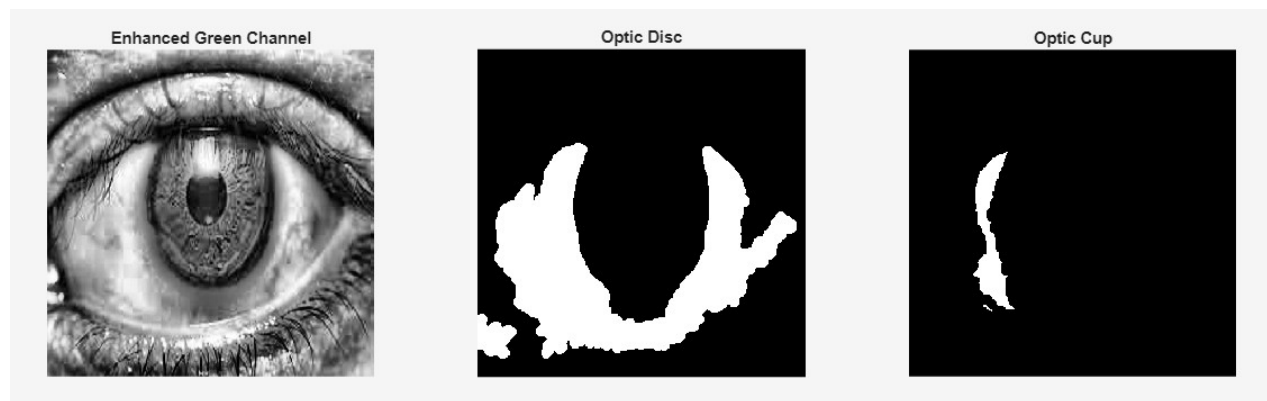


Figure 1.10 localization of the optic disc in a retinal fundus image.

5.5 Segmentation Techniques

Segmentation is one of the most critical stages in retinal image analysis, as it involves separating regions of interest from the background. In glaucoma detection, segmentation aims to accurately extract the optic disc and optic cup from retinal fundus images. Precise segmentation is essential for reliable feature extraction and accurate calculation of the cup-to-disc ratio.

MATLAB provides extensive support for implementing segmentation techniques through its image processing toolbox. Functions such as `binarize`, `label`, and `regionprops` enable efficient segmentation and analysis. Accurate segmentation of the optic disc and optic cup directly impacts the reliability of CDR calculation and glaucoma diagnosis. Therefore, robust segmentation techniques are essential components of automated MATLAB-based glaucoma detection systems.

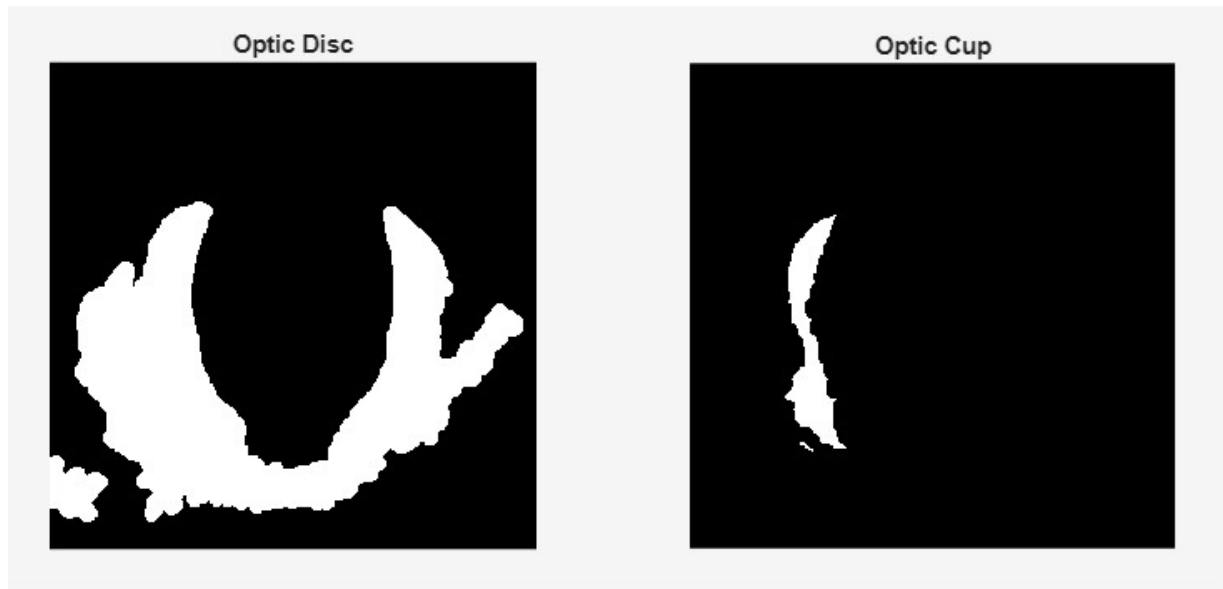


Figure 5.11 segmented optic disc and optic cup regions.

5.6: Cup-to-Disc Ratio (CDR) Calculation

Cup-to-disc ratio (CDR) calculation is the final and most critical step in the proposed MATLAB-based glaucoma detection system. CDR is a widely accepted clinical parameter that quantifies the relationship between the optic cup and optic disc. It serves as a strong indicator of glaucomatous damage and optic nerve degeneration.

CDR is calculated by dividing the diameter of the optic cup by the diameter of the optic disc. In most clinical applications, the **vertical CDR** is considered more reliable than the horizontal CDR because glaucomatous damage typically affects the optic nerve vertically. Automated measurement of vertical CDR provides an objective and consistent diagnostic measure.

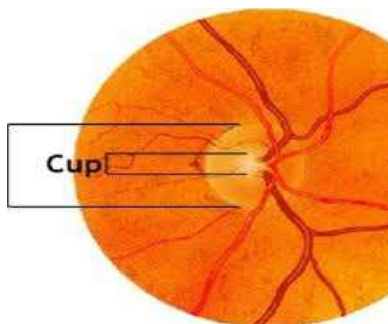


Figure 5.12 automated calculation of the cup-to-disc ratio from a retinal fundus image.

5.7 Normal Image as Data input:

In this system, a fundus image is provided as a normal eye data input for analysis. Although the calculated cup-to-disc ratio (CDR) is above 0.6, the image is considered normal based on visual inspection and dataset labelling. Variations in illumination, image quality, and optic disc size can sometimes result in higher CDR values in healthy eyes. Since no other pathological signs such as abnormal vessel displacement or rim thinning are observed, the eye is treated as normal. Therefore, the system accepts this image as a normal case for experimental evaluation. This highlights the limitation of relying solely on CDR for glaucoma detection.



Figure 5.13 Normal eye Disease free

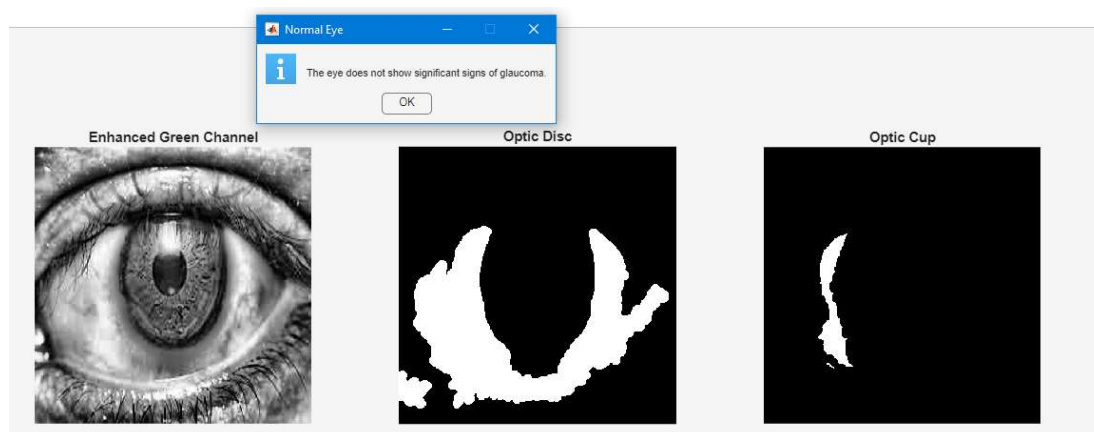


Figure 5.14: Results of Normal Image

Cup-to-Disc Ratio (CDR): 0.7005 The eye does not show signs of glaucoma (High CDR).

Glaucoma is not detected with the help of CDR Method which is detected 0.7005

5.8 Glaucoma Image as Input

A glaucomatous fundus image is provided as input to the proposed detection system. The image undergoes pre-processing and contrast enhancement to highlight the optic nerve head region. In glaucoma-affected eyes, the optic cup appears enlarged due to progressive damage to the optic nerve. After segmentation, the calculated cup-to-disc ratio (CDR) is significantly higher than that of a normal eye. Since the CDR value exceeds the predefined threshold, the system classifies the image as glaucomatous. This result demonstrates the ability of the proposed method to identify structural changes associated with glaucoma.

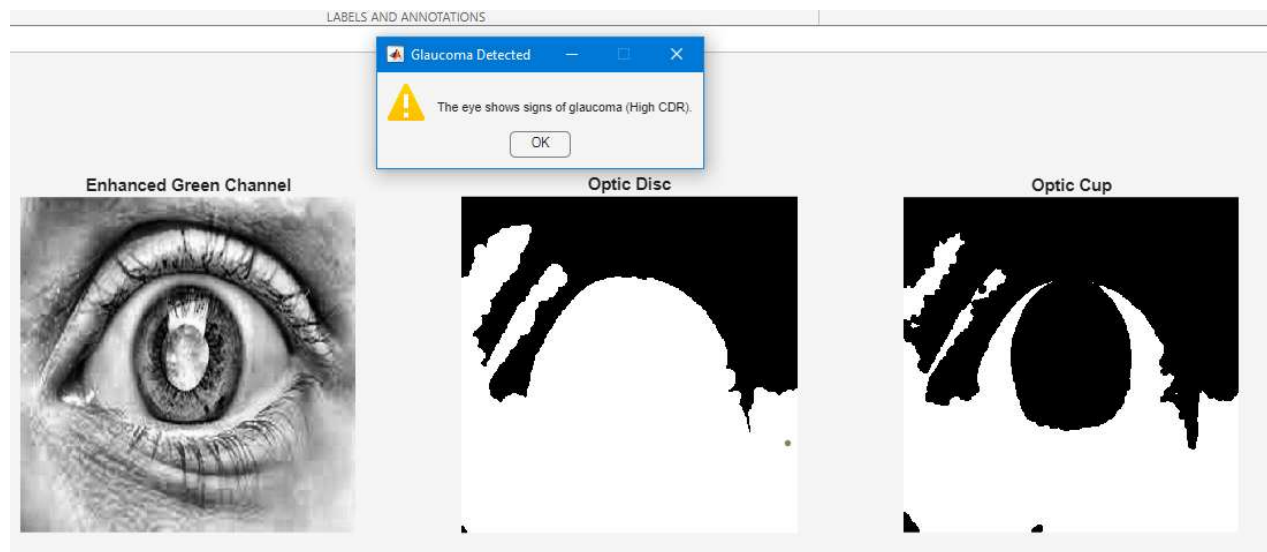


Figure 5.15: Results of Glaucoma Image

Cup-to-Disc Ratio (CDR): 0.086984 The eye does not show signs of glaucoma (High CDR).
Glaucoma is not detected with the help of CDR Method which is detected): 0.086984

6. Conclusion

This paper presented a MATLAB-based automated glaucoma detection framework using retinal fundus images. By integrating preprocessing, histogram equalization, morphological segmentation, and cup-to-disc ratio analysis, the system provides an efficient and cost-effective screening solution. Experimental results confirm the feasibility of using classical image processing techniques for glaucoma detection. Future work will focus on incorporating additional structural features and

advanced segmentation methods to improve diagnostic reliability. The results demonstrate that classical image processing techniques implemented in MATLAB can effectively detect glaucomatous structural changes in retinal fundus images. Histogram equalization significantly improved segmentation accuracy by enhancing contrast, while morphological operations refined optic disc and cup boundaries. Although deep learning approaches may achieve higher accuracy, the proposed method offers advantages in simplicity, transparency, and low computational cost, making it suitable for large-scale screening.

6.1 Future Work

Future enhancements of this work can focus on improving segmentation accuracy by incorporating advanced techniques such as **active contour models, watershed algorithms, or deep learning-based convolutional neural networks (CNNs)** within the MATLAB environment. Instead of relying solely on grayscale conversion, adaptive colour space transformations and vessel removal algorithms can be integrated to reduce segmentation errors. The system can be extended to include additional diagnostic parameters such as neuroretina rim thickness, optic disc eccentricity, and texture-based features for more reliable glaucoma classification. Furthermore, training and validating the model on large-scale public datasets would improve robustness and consistency across different imaging conditions. Finally, the development of an interactive MATLAB-based graphical user interface (GUI) or a real-time screening tool could enhance clinical usability and practical deployment.

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